



SIGN UP NOW

July

2026



Help. Healing. Hope.

Life Skills Institute

Current Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
		1 1on1 Computer Skills Appointments Only	2 Invest in Yourself 1on1 Financial Guidance Set an Appointment!	 250 th - CLOSED -
6 1on1 Resume Building & Job Search Navigation <i>See back for details</i>	7 Job Readiness Crash Course Resume Building & Job Applications <i>11:30 - 12:30</i>	8 1on1 Computer Skills Appointments Only	9 Invest in Yourself 1on1 Financial Guidance Set an Appointment!	10 <i>Hours Vary</i>
13 1on1 Job Search Navigation <i>See back for details</i>	14 Job Readiness Crash Course Dress the Part & Building Confidence <i>11:30- 12:30</i>	15 1on1 Computer Skills Appointments Only	16 Invest in Yourself 1on1 Financial Guidance Set an Appointment! <hr/> Home Essentials Part 1 Home Cleaning Series <i>10:00 - 11:00AM</i>	17 <i>Hours Vary</i>
20 Step-by-Step Painting Walk-ins Welcomed! <i>10:00 - 11:00</i> <hr/> 1on1 Job Search Navigation <i>See back for details</i>	21 Job Readiness Crash Course Interview Prep & Practice <i>11:30 - 12:30</i>	22 1on1 Computer Skills Appointments Only	23 Invest in Yourself 1on1 Financial Guidance Set an Appointment! <hr/> Home Essentials Part 2 Home Cleaning Series <i>10:00 - 11:00AM</i>	24 <i>Hours Vary</i>
27 1on1 Job Search Navigation <i>See back for details</i>	28 Job Readiness Crash Course "I Got a Job! Now What?" Soft Skills, Mindset, & Tips <i>11:30 - 12:30</i>	29 1on1 Computer Skills Appointments Only	30 Invest in Yourself 1on1 Financial Guidance Set an Appointment! <hr/> Home Essentials Part 3 Home Cleaning Series <i>10:00 - 11:00AM</i>	31 <i>Hours Vary</i>

NOTES

Class descriptions and registration link on *back*

Complete this form to register for this month's classes:



You can also visit our website, visit us in-person, or call the number listed on the right to register.

CONTACT US

(434) 845-8468 ext. 800

lsi@parkviewmission.org

<https://www.parkviewmission.org/lsi>



ADDRESS

The lower level of The Plaza on Memorial Ave.

2323 Memorial Avenue, Suite #26

Lynchburg, VA 24501

(take the ramp down next to Rose's, then turn left)

Class Descriptions

All classes offered at LSI are **FREE** of charge! Come learn with us!

NEW! **Job Readiness Crash Course** Come learn with us as we build the skills you need to find a job and succeed at work. We will cover resume and cover letter building, job applications and tips, interview preparation, professional dress, communication, workplace soft skills, and what to do after you get the job! Last minute walk-ins welcomed.

1on1 Appointments Meet with a member of our team for assistance in any of the following areas: basic computer skills, job search, career guidance, and/or work clothing needs. Please call or stop by to schedule your appointment.

Step-by-Step Painting Come enjoy a relaxed time of guided painting with Park View staff member Heather! This class is offered at LSI every month.

Job Search Navigation 1on1 Appointments Meetings available for those looking for a job, needing to create a resume, or want to make a career move. Every Monday afternoon! Walk-ins are welcomed by a *first come, first served* basis.

Invest in Yourself Get financial guidance with *UnitedBank* through personalized appointments meant to help you navigate your money with confidence. Our experts are here to support you and help you make informed financial decisions. Located at the CRC office at 2420 Memorial Avenue (church across the McDonalds).

BACK! **Home Essentials** This hands-on class teaches the fundamentals of keeping your home clean, organized, and healthy. **After graduating (attending all 3 classes)** from the class, participants will receive a set of cleaning supplies to take home and use to implement the skills learned and continue their practice.