



SIGN UP NOW

October

2026



Help. Healing. Hope.

Life Skills Institute

Current Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	Invest in Yourself 1 1on1 Financial Guidance Set an Appointment!	2 Hours Vary
1on1 5 Job Search Navigation <i>See back for details</i> Fuel the Fam Part 1 of 4 Family-Oriented Cooking Class More details on back!	6 No Classes	7 1on1 Computer Skills Appointments Only	8 Invest in Yourself 1on1 Financial Guidance Set an Appointment!	9 Hours Vary
1on1 12 Job Search Navigation <i>See back for details</i> Fuel the Fam Part 2 of 4 Family-Oriented Cooking Class More details on back!	13 No Classes	14 1on1 Computer Skills Appointments Only	15 Invest in Yourself 1on1 Financial Guidance Set an Appointment! Home Essentials Part 1 of 3 Home Cleaning Class 10:00 - 11:00 AM	16 Hours Vary
Step-by-Step Painting 19 10:00 - 11:00 1on1 Job Search Navigation Fuel the Fam Part 3 of 4 Family-Oriented Cooking Class More details on back!	20 2 Secrets to Success Job Readiness Curriculum Walk-Ins Welcomed! Registration Preferred 5:00 - 6:00 PM	21 1on1 Computer Skills Appointments Only	22 Invest in Yourself 1on1 Financial Guidance Set an Appointment! Home Essentials Part 2 of 3 Home Cleaning Class 10:00 - 11:00 AM	23 Hours Vary
1on1 26 Job Search Navigation <i>See back for details</i> Fuel the Fam Part 4 of 4 Family-Oriented Cooking Class More details on back!	27 No Classes	28 1on1 Computer Skills Appointments Only	29 Invest in Yourself 1on1 Financial Guidance Set an Appointment! Home Essentials Part 3 of 3 Home Cleaning Class 10:00 - 11:00 AM	30 Hours Vary

NOTES

Descriptions and registration link on back

Complete this form to register for this month's classes:



You can also visit our website, visit us in-person, or call the number listed on the right to register.

CONTACT US

(434) 845-8468 ext. 800

lsi@parkviewmission.org

<https://www.parkviewmission.org/lsi>

ADDRESS

The lower level of The Plaza on Memorial Ave.

2323 Memorial Avenue, Suite #26

Lynchburg, VA 24501

(take the ramp down next to Rose's, then turn left)

Class Descriptions

All classes offered at LSI are **FREE** of charge! Come learn with us!

1on1 Appointments Meet with a member of our team for assistance in any of the following areas: basic computer skills, job search, career guidance, and/or work clothing needs. Please call or stop by to schedule your appointment.

BACK! **2 Secrets to Success** Mentoring & networking are powerhouses in employment-hunts. Join us at 5:00 PM and learn how far these two key components can take you! **No registration required** but preferred!

Step-by-Step Painting Come enjoy a relaxed time of guided painting with Park View staff member Heather! This class is offered at LSI every month. **No registration required** but preferred!

Job Search Navigation 1on1 Appointments Meetings available for those looking for a job, needing to create a resume, or want to make a career move. Every Monday afternoon! Walk-ins are welcomed by a *first come, first served* basis.

Invest in Yourself Get financial guidance with *UnitedBank* through personalized appointments meant to help you navigate your money with confidence. Our experts are here to support you and help you make informed financial decisions. Located at the CRC office at 2420 Memorial Avenue (church across the McDonalds).

BACK! **Home Essentials** This hands-on class teaches the fundamentals of keeping your home clean, organized, and healthy. **After graduating (attending all 3 classes)** from the class, participants will receive a set of cleaning supplies to take home and use to implement the skills learned and continue their practice.

NEW! **Fuel the Fam** A cooking class for families! Parents, join us with your child(ren) to learn basic cooking skills, to build confidence in the kitchen, and to understand healthy eating! To attend, the adult must have a dependent child under 18 years of age & household income restrictions apply. Call for more information!